



# IGNITE

*Your Potential*

## FREE Training Courses for young people in Meath

**Courses Available:**

*Open to 18-27 year olds*



Hospitality



Agriculture



Sports & Fitness



Horticulture



## WHAT'S INVOLVED?

- ✓ 2 days Training per week for 15 weeks
- ✓ Practical Hands on Experience
- ✓ Career Guidance & CV Building
- ✓ NO Exams, NO Pressure
- ✓ Lunch Provided

**frs**  
training



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