



Supporting Children and Young People with  
Bereavement and Parental Separation

The Rainbows level 2 (age 9-10) separation programme will begin in East Coast FRC on 2<sup>nd</sup> October 23 @ 4pm-5pm

The Rainbows Programmes provide

- a 10-week listening, group support programme for children and young people following a bereavement or parental separation.
- Children and young people of a similar age (from 7years)
- Separate groups are formed for Bereavement and Parental Separation
- Rainbows is not counselling or professional therapy.

**For further enquiries or to enrol your child contact Kim on 087-3513683**