



# May Upcoming Events

Monday Mornings **Garden Group**  
Help maintain our Community garden, and meet new people. At the Bungalow

Tuesday Mornings **Pop-up Pantry**  
11:00am - 12:00pm  
Community Food Pantry - Open to all!

**Walk & Talk**  
Meet at the Church carpark at 10.30am.

**Buggy Buddies**  
Come join other Parents on a walk around Trim. Meet at the Castle Bridge seats at 10.45am.

Tuesday Evenings **Cula Bula**  
Weekly Youth Club for children aged 8 - 12 years old. Looking for volunteers to help run the club.

Weds Eve & Fri Morn **Failte Isteach**  
Weekly Conversational English Classes.

Thursday Mornings **Babies & Bumps**  
9.45am - 10.30am - For Parents of children up to 12 months old and Mums to be to meet up.

Thursday Mornings **Parent Toddler Group**  
10.45am - 11.30am - For Parents of children 1 to 3 years' olds. Fun games and plenty of singing!

5<sup>th</sup> **Parent Support Info Session**  
For parents of children & teens with additional needs  
10.00am Castle Arch Hotel, Trim.

10<sup>th</sup> **Confident Me Registration Night**  
Taking names for the next Confident Me! A 6 - 8 week Programme for children aged 10-12 years old.

11<sup>th</sup> **Autism & Puberty Webinar**  
Practical guidance for parents and carers of autistic children and pre-teens. Free online webinar

14<sup>th</sup> & 28<sup>th</sup> **Trim Community Music**  
Music Group 5:00pm - 7:00pm at The Bungalow.

15<sup>th</sup> & 29<sup>th</sup> **Parent Support Group**  
15<sup>th</sup> Morning Session 9:30am - 11:00am.  
29<sup>th</sup> Evening Session 7:30pm - 9:00pm.

26<sup>th</sup> **Golf Classic**  
Danny O'Brien Memorial Golf Classic. Team of 4 entry and Dinner. €240.

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## Scan the QR Code to Register Interest For These Programmes and More Like:

**Level Up** - Programme for young people 16 - 24 years old who are currently out of employment or education and are in need of extra supports.

**Confident Me** - Can you spare two hours per week? We're looking volunteers to join the team and help out.

**Rainbows** - For children who have experienced a loss in their family due to Separation/Divorce or Bereavement. We are also looking for Volunteer Facilitators to join our team.

**Low Cost Counselling** - For young people aged 12 - 17 years old and adults over 18.

**Play Therapy** - For children aged 4 - 12 years old.

..and many more programmes!

