



Updated DATES FOR BABY FOOD MADE EASY SESSIONS 2022

| DATE | TIME |
|------------------------------------|---------------|
| Tuesday 13 th September | 10.30am- 12pm |
| Tuesday 11 th October | 10.30am- 12pm |
| Tuesday 8 th November | 10.30am- 12pm |

This is a Health Service Executive, Department of Health Promotion & Improvement CHO 8 Louth/Meath Health & Wellbeing Initiative.

For more information or to book a place, please email: HP.Nutrition@hse.ie