



Meath Partnership's Health Matters is delighted to present:

Loss in Lockdown

Healing in difficult times

A session on Self Care & Recovery with Deborah Barnett

Date: Friday 3rd of December

Time: 10am -1pm, on Zoom

To book you place contact Sarah
on 085-8622030 or
sarah.smyth@meathpartnership.ie



Rialtas na hÉireann
Government of Ireland



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