

Family Resource Centre EAST COAST



TÚSLA
An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency

SEPTEMBER
2021



Quarterly Newsletter



The young people who are involved in East Coast Youth Club took part in an graffiti workshop and created a piece of art 'The Tara Brooch' and it was placed on the seafront in Bettystown. We are very proud of all our young people Sabrina Bradley – Youth Worker East Coast FRC.



Youth Camp

The youth enjoyed trips to Tayto Park, Powers Court, Carlingford adventure centre, Zoo, The Institute of Music, They enjoyed workshops in hairdressing, boxing and art. Thank you to all the instructors and volunteers.

Summer Camp 2021

Great weather and great outdoor fun was had by all the children that attended camp. We visited Ardgillian castle, Malahide castle and Long Alpaca farm; we also had pets visit the centre to surprise the children



East Coast Family Resource Centre
1 Somerton, Triton Rd., Bettystown. Co. Meath

Opening Hours:
Facebook:
Website:
Telephone:

Monday – Friday 9.00 am - 5.30 pm
East Coast Family Resource Centre
crannsupportgroup.ie/Laytownfamilyresourcecentre
041 - 981 2230 / 087 - 644 3364



Group Lunch

The WWW, Buzy Bees and Meath Coast Men's Shed all enjoyed a group lunch in BT'S, Bettystown with many meeting up for the first time as a group since March 2020. With the easing of restrictions the groups are hoping to continue to meet up and socialize.

Family Support Trip

ECFRC hosted two family trips to Collon Bouncing Castles where twenty-one families took part.



'One Step Ahead'

A big thank you to Gwen from the (FASN) Family addiction services network, Laura from The Red door project, Superintendent Mark Doran and community Garda for taking part in the FRC One step ahead workshop supporting the community and families with substance abuse and anti-social behaviour issues and information.

Defibrillator Workshop

East Meath Defibrillator Unit hosted a Defibrillator workshop for ECFRC in Donacorney Community Centre. 11 individuals were provided information on how to perform CPR, how to safely use a defibrillator and information on what to do in an emergency. The course was thoroughly enjoyed by all. ECFRC hope to link in with East Meath Defibrillator Unit to host another workshop in the future.



WWW

The WWW enjoyed a trip to Listoke Distillery and Gin school in Tenure where they learned about the history behind gin and local distilling.



They were led through the process of making Listoke 1777 Gin, shown three iStills, informed about the distillery process and the production system that's in place. The ladies were shown the botanicals used in the production of the gin and enjoyed sampling the Listoke 1777 Gin & Tonic. The WWW are looking forward to their next trip to Beaulieu House & Gardens in August.



Messy Play

Parents and toddlers took part in messy play, sensory play and healthy eating workshops. The workshop went well and lots of fun was had creating some amazing masterpieces.



EAST COAST FAMILY RESOURCE CENTRE

Autumn/Winter Schedule 21/22

Adults Programmes

Parents Plus special Needs

Parents Plus Middle Years

Parenting When Separated

Children's Programmes

Rainbows

Confident Me

Parent and Toddler



comhairle chontae na mí
meath county council



An Roinn Dlí agus Cirt
Department of Justice

TUSLA



Keep an eye on our website and Facebook page for commencement dates of our upcoming programmes