


Supporting Young People's Mental Health During Covid19

An online workshop for those who work or volunteer with young people aged 12-25 years

This 3 hour online workshop is for those who work or  volunteer with young people. The workshop has been co-developed by Jigsaw, the National Centre for Youth Mental Health and HSE, Health and Wellbeing Division.

Learning Outcomes:

Participants will:

- Have a greater understanding of the impact of Covid19 on young people's mental health
- Explore the challenges to supporting young people during Covid19
- Learn practical ways to support and promote young people's mental health during Covid19.

Dates:

10am–1pm Tuesday 20 July

10am–1pm Tuesday 7 Sept

To apply for a place on the training please email kathleen.pardy@hse.ie. In your email please provide a phone number, the name of your organisation and your role.

For further enquires on the training contact Michele Baker at 086 047 4725



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Young people's
health in mind